



SUNDAY OF THE LAST JUDGEMENT
 (MEET-FARE SUNDAY)
ΚΥΡΙΑΚΗ ΤΗΣ ΑΠΟΚΡΕΩ

(3RD SUNDAY OF TRIODION – MATTHEW 25:31-46)



Sunday of the Last Judgement – Meat-fare Sunday (3rd Sunday of Triodion)

This Sunday is the 3rd Sunday of the Triodion, preparing us for Great Lent (the 40 days before Easter). The four Sundays of the Triodion period prepare us for Great Lent. It is a time for us to get closer to God through worship, prayer, fasting, and doing good things.

1st Sunday of Triodion – Sunday of the Publican and the Pharisee

2nd Sunday of Triodion – Sunday of the Prodigal Son

3rd Sunday of Triodion – Sunday of the Last Judgement – Meat-fare Sunday

(last Sunday of eating meat until Easter – this following week, only cheese is allowed)

4th Sunday of Triodion – Sunday of Forgiveness (Cheese-fare Sunday) –
Sunday before Great Lent begins

Today we are reminded that although Christ loves us and is merciful, he will come again and judge us. We always have to live our lives as good Christians because we do not know when that time will come. We have to do good deeds, to love and forgive one another, and to always be repentful for our sins. The time for repentance and forgiveness is here and now in our present life, while we are alive. At the Second Coming, Christ will appear as the righteous judge, and will judge us according to our deeds. We have to feed the hungry, give drink to the thirsty, cloth the naked and visit those who are sick or in prison. We have to learn NOT to judge people – Christ will be the only one that will judge each and every one of us.

<https://oca.org/saints/lives/2018/02/11/5-sunday-of-meatfare-of-the-last-judgment>

icon - <http://www.stjohnoftheladder.org/news/2016/3/4/about-the-sunday-of-the-last-judgment>